

What's on the menu?

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE	<p>Piri Piri Style Chicken with Rice</p> <p>Piri Piri Style Vegetables with Rice</p> <p>Vegetables of the Day</p> <p>Salad of the Day</p> <p>Fruit or Yoghurt</p>	<p>Beef Bolognaise with Penne Pasta</p> <p>Lentil & Vegetable Bolognaise with Penne Pasta</p> <p>Vegetables of the Day</p> <p>Salad of the Day</p> <p>Fruit or Yoghurt</p>	<p>Roast Chicken with Roast Potatoes & Gravy</p> <p>Vegetarian Sausage Roll with Roast Potatoes & Gravy</p> <p>Vegetables of the Day</p> <p>Salad of the Day</p> <p>Fruit or Yoghurt</p>	<p>Beef Lasagne</p> <p>Butternut Squash, Spinach & Lentil Lasagne</p> <p>Vegetables of the Day</p> <p>Salad of the Day</p> <p>Fruit or Yoghurt</p>	<p>Battered Fish with Chips & Tomato Sauce</p> <p>Cheese & Leek Puff with Chips</p> <p>Vegetables of the Day</p> <p>Salad of the Day</p> <p>Harrison Bear Lemon Shortbread</p>
WEEK TWO	<p>Chicken Chow Mein Noodles</p> <p>Vegetarian Chow Mein Noodles</p> <p>Vegetables of the Day</p> <p>Salad of the Day</p> <p>Fruit or Yoghurt</p>	<p>Macaroni Cheese with Beef Topping</p> <p>Macaroni Cheese</p> <p>Vegetables of the Day</p> <p>Salad of the Day</p> <p>Fruit or Yoghurt</p>	<p>Sausages with Mashed Potatoes & Gravy</p> <p>Vegetarian Sausages with Mashed Potatoes & Gravy</p> <p>Vegetables of the Day</p> <p>Salad of the Day</p> <p>Fruit or Yoghurt</p>	<p>Chicken Tikka Masala with Rice</p> <p>Sweet Potato Stir with Rice</p> <p>Vegetables of the Day</p> <p>Salad of the Day</p> <p>Fruit or Yoghurt</p>	<p>Fish Fingers with Chips & Tomato Sauce</p> <p>Jamaican Style Vegetable Pattie with Chips</p> <p>Vegetables of the Day</p> <p>Salad of the Day</p> <p>Ice Cream Tub</p>

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Look out for monthly featured ingredients.



St Vincent's Catholic Primary School

About Your Catering Service

The catering service at St Vincent's Catholic Primary School is provided by Harrison Catering Services, an independent, family-owned company founded in 1994.

The Harrison proposition is centred around the on-site preparation and cooking of top-quality meals made with fresh ingredients. Over 100 clients across the UK enjoy a Harrison food service, with more than 100,000 meals being served each day by approximately 2,000 staff across more than 270 locations.

Working in Partnership with St Vincent's Catholic Primary School

Our catering team works with the school to tailor menus to the tastes and preferences of the pupils. We introduce further interest and excitement to our menus through themed lunches ranging from holidays like Easter and Christmas to cuisines from around the world, tying these into the school curriculum whenever possible. Whenever possible, we link our menus to the school's curriculum and activities to further reinforce the importance of eating a balanced diet of nutritious food.

Providing Healthy School Meals

Harrison understands that what young people eat affects their health and their ability to learn and perform in the classroom. At St Vincent's Catholic Primary School, our catering team provides nutritious, balanced meals, and we work to educate the pupils on how to make healthier food choices. Our goal is to instil a love and understanding of fresh, healthy food at a young age that will positively influence them throughout life.

All Harrison staff receive training in how to prepare and serve healthier food through the company's bespoke Eat Well Live Well© training programme.

In addition, our focus on fresh food means that only minimal amounts of fried foods appear on our menus—generally in the form of much-loved British favourites like fish and chips. We also aim to maximise access to fruit and vegetables by offering a choice of cooked vegetables, salads, healthier snacks and fresh fruit daily. Every egg we use is British-sourced and free range and the majority of our meat is British-sourced as well.

We Welcome Your Feedback

Hearing your thoughts on our catering service is an essential part of getting things right and developing the foodservice at your school. Please feel free to speak to our catering manager if you have any comments.

Join the Harrison Family

The great food and service that Harrison provides is only possible because of our talented staff. We aim to create an environment where every team member's efforts and skills are recognised, developed and rewarded, so that we can attract and retain the best people.

If you are interested in joining the Harrison family, please visit our website for the latest job opportunities at www.harrisoncatering.co.uk/job-opportunities.html or contact the human resources department at our Thame office on 01844 216777.



Our very own company
nutritionist, Dr Juliet Gray,
advises on all our menus!



We use locally sourced ingredients
when available and in season!

