



St Vincent's Catholic Primary School

SCHOOL LUNCHES

From September 2020 our school lunches will be provided by Harrison.

LUNCH TIME

The children have staggered lunches at school and before/after they eat they play in the fresh air. Lunch starts with the singing of Grace. Children are seated with their class but not necessarily with their friends so the focus is on eating rather than chatting, and good table manners are encouraged. All children are encouraged to use a knife and fork so that they are able to cut up and eat their food independently. We try to monitor how much the children actually consume and will contact parents if we have any concerns.

SCHOOL LUNCHES

School lunches are served daily with a selection of hot food and a dessert (usually fruit). A menu is produced at the beginning of each term and posted on the school website. This plan then continues on a rotational basis. We are proud to be a Healthy School. There is always a choice of two balanced meals, one meat and one vegetarian option, with salad, vegetables and fruit offered every day. You will be informed at the beginning of every school year of the cost of meals per day. You must pay for school lunches in advance weekly or termly via 'Parent Pay'.

UNIVERSAL FREE SCHOOL MEALS

All school dinners are now free for children from Reception to Year 2. If you receive income support or benefits you may be entitled to free school dinners for children in other year groups. It is important that we are aware of this eligibility even if your child is in Years Reception-2 or you choose for your child to have packed lunch. Please collect an application form from the school office.

PACKED LUNCHES



Packed lunches may be provided by parents/carers for children to eat in school at lunchtimes. We ask all parents/carers to consider how healthy their selection of food is and to ensure that savoury items, fruit and vegetables are included. Snacks such as crisps, cakes and biscuits should be kept to a maximum of one per day. Sweets are not permitted. Water is the only drink allowed. This is provided for all children at lunchtimes but children may bring their own water bottle if they wish. We also request that nuts are not included in packed lunches. This includes peanut butter. Many children suffer from nut allergies and any contact can be dangerous.

MAKING A CHOICE

It is possible for you to choose either of the above options for your child's lunch. If you decide you want to swap arrangements it is important that we are informed in writing at least two weeks before the swap commences. It is not possible to make alternative arrangements with any shorter notice than this. The only exception to this rule is for Nursery children who may swap with less notice.

Together through Christ we grow and learn