

## Lent Appeal 2022: One Community

This Lent, we are asking your child to take part in the Catholic Children's Society (CCS) Lent Appeal: One Community.



## **One Community**

This year's appeal is inspired by Pope Francis's call to support everyone's mental health by building a 'culture of community'.

CCS counsellors and therapists have developed resources and activities to help promote positive mental health and emotional wellbeing in schools.

## Helping vulnerable children & families

Every penny raised through this appeal will support local disadvantaged children and families.

All funds will go to CCS, a charity which provides mental health services, family support and emergency grants to local vulnerable children and families when they need it most.

All schools have been given cash collection boxes but if you would prefer to donate online, you can donate via the website www.cathchild.org.uk/donate



With the support of schools, during the pandemic CCS have been able to help . . .





"After getting this help I feel like I can finally breathe. It has been the push I needed to keep me going."

A local father of three children