Findes bouts bouts



Oranges are a type of 'citrus' fruit - other citrus fruits are satsumas, grapefruit, lemons and limes. All citrus fruits grow on trees.



Oranges grow best where it is hot; there are lots of different types of oranges. Depending on the time of year, we get our oranges from places like South Africa, Israel, Spain, Italy or America.



We think oranges first came here from Spain about 700 years ago and were very sour.



Oranges contain loads of vitamin C. We need this vitamin to keep our bodies healthy – it helps our skin heal if we have a cut or graze. One orange gives us all the vitamin C we need for a whole day!

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Try some oranges and get your sticker!

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Prange

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