## St. Vincent's Catholic Primary School

# Weekly menu



#### Mondav

### Tuesday

#### Wednesday

### Thursday

Cottage Pie with Caramelised Onion & Thyme Gravy

Pizza Margherita with Chef's Salad Eggs, Milk, Soybeans, Wheat Herb Roast Turkey with Roast Potatoes or New Potatoes

Beef Penne Pasta Wheat

Battered Fish with Chips & Tomato Sauce Fish. Wheat

Quorn & Vegetable Cottage Pie with Caramelised Onion & Thyme Gravy Egg, Wheat

BBQ Style Chicken & Sweetcorn Pizza Margherita with Chef's Salad Eggs, Milk, Soybeans, Wheat

Sweet Potato & Parsnip Wellington with Roast Potatoes Wheat

Pasta Primavera Milk, Wheat

Wholemeal Cheddar Cheese & Spinach Quiche with Chips Eggs, Milk, Wheat

| Salad Selection                                   |
|---------------------|---------------------|---------------------|---------------------|---|
| Vegetable Selection                               |
| Fresh Fruit Platter | Fresh Fruit Platter | Fresh Fruit Platter | Fresh Fruit Platter | Berry Swirl Sponge with Custard Eggs, Milk, Wheat |
| Yoghurt<br>Milk     | Yoghurt<br>Milk     | Yoghurt<br>Milk     | Yoghurt<br>Milk     | Fresh Fruit Platter<br>Yoghurt Milk               |

#### Available daily

Please ask the catering manager for food allergen information

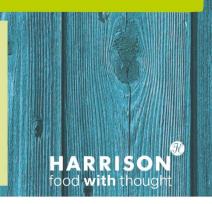
MAIN TRANSPORTER AND AND ADDRESS OF THE PROPERTY OF THE PROPER

Salad Selection ~ Vegetable Selection ~ Homemade Bread ~ Fresh Fruit Platter ~ Yoghurt

#### Red = Allergen

- · All food is freshly prepared on site each day and if any of the 14 common food allergens present, they are listed in red against each menu item and are intended as a guide to help with the choice of meal. For operational reasons it may be necessary to alter a recipe at short notice and therefore your child or the member of school staff who presents your child at the counter must check each time before being served with the food
- The Company handles many of the 14 common food allergens in our busy kitchens and so therefore cannot guarantee that our food is 100% free from specific food allergens
- There are foods not on the list of 14 common food allergens which can cause allergic reactions in a small number of people and if your child has such an allergy, they or school member must check each time before being served with the food.

Our allergen process is written to protect the welfare of the children.



# St. Vincent's Catholic Primary School

## **Weekly menu**



#### Monday

#### **Tuesday**

### Wednesday

### **Thursday**

Fresh Fruit Platter

Yoghurt Milk

	Bereika beriatak ali kantal anal - dia laha a batka bahan bahan da bahata bahil daka alibis - dis	ELITERIA SER ELITERA DE LA COMPANIO DE LA PRESENTA		<u>der som fra dagen i kradist og det i till i kradistike fra det det det som fra det som i dit kraditer og bette</u>
Macaroni Cheese Milk, Wheat	Chicken Tikka Masala with Pilau Rice Milk, Wheat	Pork Sausage Roll with Potato Wedges & BBQ Style Sauce Sulphites, Wheat	Beef Bolognaise with Fusilli Pasta Wheat	Breaded Fish with Chips & Tomato Sauce Fish, Wheat
Pesto Style Salmon Pasta Fish, Wheat	Sweet Potato & Chickpea Korma with Pilau Rice Milk, Wheat	Carrot & Leek Pinwheel with Potato Wedges & BBQ Style Sauce Eggs, Milk, Wheat	Quorn Bolognaise with Fusilli Pasta Eggs, Wheat	Chilli Bean Wrap with Salsa & Chips Wheat
Salad Selection	Salad Selection	Salad Selection	Salad Selection	Salad Selection
Vegetable Selection	Vegetable Selection	Vegetable Selection	Vegetable Selection	Vegetable Selection
Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Carrot & Orange Cake with Custard
Yoghurt	Yoghurt	Yoghurt	Yoghurt	Eggs, Milk, Wheat

#### Available daily

Please ask the catering manager for food allergen information

HII BIII BARANSAN AMBINDIN BARAN BIIN BII BII BARAN BARAN

Milk

Salad Selection ~ Vegetable Selection ~ Homemade Bread ~ Fresh Fruit Platter ~ Yoghurt

Milk

#### Red = Allergen

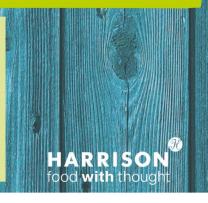
Milk

· All food is freshly prepared on site each day and if any of the 14 common food allergens present, they are listed in red against each menu item and are intended as a guide to help with the choice of meal. For operational reasons it may be necessary to alter a recipe at short notice and therefore your child or the member of school staff who presents your child at the counter must check each time before being served with the food

Milk

- The Company handles many of the 14 common food allergens in our busy kitchens and so therefore cannot guarantee that our food is 100% free from specific food allergens
- There are foods not on the list of 14 common food allergens which can cause allergic reactions in a small number of people and if your child has such an allergy, they or school member must check each time before being served with the food.

Our allergen process is written to protect the welfare of the children.



# St. Vincent's Catholic Primary School

# Weekly menu



100				
1 7 7 7 1			<b>L</b>	
		ч.		w
	_	_	_	<i>&gt; /</i> =

### Tuesday

#### Wednesday

### Thursday

Fresh Fruit Platter

Yoghurt Milk

BBQ Style Chicken with Vegetable Rice Wheat

Italian Style Beef Meatballs, Tomato & Herb Sauce with Penne Pasta Wheat

Lemon & Thyme Chicken Casserole with New Potatoes Pork Sausages with Mashed Potatoes **Sulphites** 

Fish Fingers with Chips & Tomato Sauce Fish. Wheat

Jacket Potato with Baked Beans & Cheddar Cheese

Cheese & Chive Vegetable Pasta

Roast Root Vegetable Hotpot

Quorn Sausages with Mashed Potatoes

Cornish Style Pasty with Rainbow Ribbon Salad & Chips Wheat

Milk

Milk. Wheat

Milk

Eggs, Milk. Wheat

| Salad Selection                       |
|---------------------|---------------------|---------------------|---------------------|---------------------------------------|
| Vegetable Selection                   |
| Fresh Fruit Platter | Fresh Fruit Platter | Fresh Fruit Platter | Fresh Fruit Platter | Chocolate Sponge with Chocolate Sauce |
| Yoghurt             | Yoghurt             | Yoghurt             | Yoghurt             | Eggs, Milk. Wheat                     |

Milk

#### Available daily

Please ask the catering manager for food allergen information

NATION TO THE PARTY OF THE PART

Salad Selection ~ Vegetable Selection ~ Homemade Bread ~ Fresh Fruit Platter ~ Yoghurt

Milk

#### Red = Allergen

Milk

- · All food is freshly prepared on site each day and if any of the 14 common food allergens present, they are listed in red against each menu item and are intended as a guide to help with the choice of meal. For operational reasons it may be necessary to alter a recipe at short notice and therefore your child or the member of school staff who presents your child at the counter must check each time before being served with the food
- The Company handles many of the 14 common food allergens in our busy kitchens and so therefore cannot guarantee that our food is 100% free from specific food allergens
- There are foods not on the list of 14 common food allergens which can cause allergic reactions in a small number of people and if your child has such an allergy, they or school member must check each time before being served with the food.

Our allergen process is written to protect the welfare of the children.

